

Part 1 – Agency Profile

Agency Overview

The Commission on Aging (ICOA) is charged with providing a broad array of services intended to make it possible for aging Idahoans to remain in their own homes and communities, and avoid or delay institutionalization. This ICOA Mission is increasingly important as Idaho experiences a dramatic increase in its population of persons 60 years of age and older. The agency has existed since 1968 (previously called the Office on Aging) under the Office of the Governor. The Administrator, Kim Wherry Toryanski, and the seven geographically based Commissioners are appointed by the Governor. The Commission is located in Boise and operates with 15 FTEs.

Services supported by the Commission on Aging are provided at the local level through contracts with an aging network made up of six regional Area Agencies on Aging and sub-contractors throughout the State. In addition to State and Federal funds received from ICOA, the aging network uses local funds, community resources, and volunteers to provide services to eligible seniors.

Core Functions/Idaho Code

The functions of the Commission on Aging are set out in Idaho Code in the Idaho Senior Services Act at Title 67, Chapter 50, and the Adult Abuse, Neglect and Exploitation Act at Title 39, Chapter 53. The Commission is also charged with providing services to seniors under the Older Americans Act of 1965.

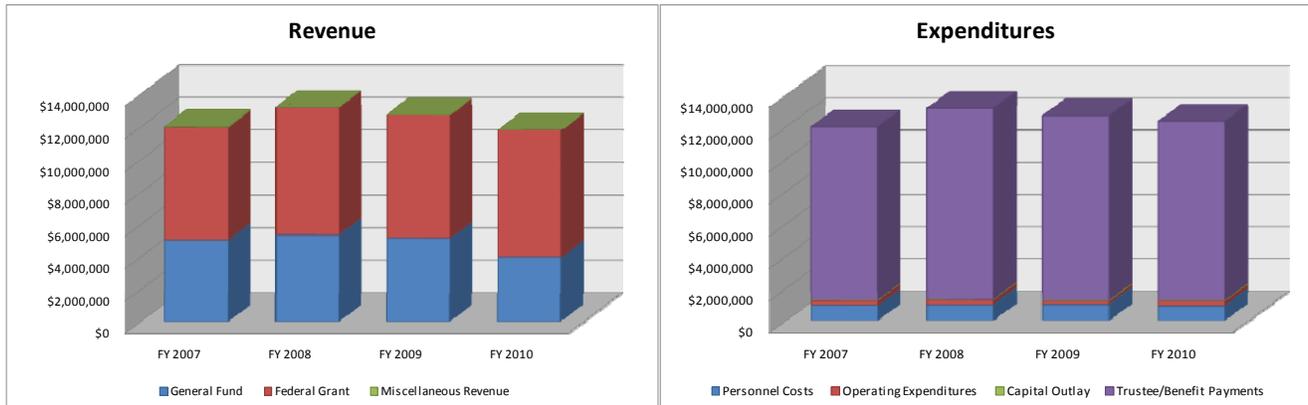
Under these statutory authorizations, the Commission oversees the following broad programs, which are carried out by regional non-profit contractors called Area Agencies on Aging:

- In-home services, including homemaker services, home delivered meals, respite, and chore, all of which are intended to assist the older person (and caregiver) to safely remain at home.
- Community-based services, including transportation, congregate meals, adult day care, case management, and older worker employment and training programs, which assist older persons to continue to participate in essential activities in their community, and the legal assistance, adult protection, and ombudsman programs, which provide them protection from fraud, abuse and mistreatment.
- An additional significant element of the Commission's charge is to manage grants and contracts that enable the above services and other relevant services to be provided at the local community level throughout the State.

Revenue and Expenditures:

Revenue	FY 2007	FY 2008	FY 2009	FY 2010
General Fund	\$5,028,600	\$5,343,500	\$5,147,700	\$3,977,900
American Reinvestment Fund	\$0	\$0	\$0	\$577,400
Federal Grant	\$6,948,800	\$7,819,400	\$7,556,800	\$7,801,200
Miscellaneous Revenue	\$36,500	\$0	\$1,800	\$700
Total	\$12,013,900	\$13,162,900	\$12,706,300	\$12,357,100
Expenditure	FY 2007	FY 2008	FY 2009	FY 2010
Personnel Costs	\$947,700	\$967,400	\$988,000	\$894,300
Operating Expenditures	\$271,700	\$303,400	\$225,600	\$312,100
Capital Outlay	\$27,400	\$17,600	\$16,100	\$13,500
Trustee/Benefit Payments	\$10,736,800	\$11,878,700	\$11,473,000	\$11,137,200
Total	\$11,983,600	\$13,167,100	\$12,702,700	\$12,357,100

(Note: FY 2007 Economic Recovery Fund is included in general fund. No general fund encumbrance in FY 2010; unexpended prior year general fund encumbrances are deducted.)



Profile of Cases Managed and/or Key Services Provided

Cases Managed and/or Key Services Provided	FY 2007	FY 2008	FY 2009	FY 2010
Adult Protection (hourly units)	26,211	28,529	29,979	27,974
Home Delivered Meals (number of meals)	534,329	521,370	514,566	476,482
Information and Assistance (contacts)	21,902	14,578	14,892	18,316
Homemaker (hourly units)	94,484	97,820	93,921	68,394
Respite & Adult Day Care (hourly units)	41,073	44,257	44,211	28,939

Performance Highlights

ICOA Relocation: In August, ICOA relocated its offices to co-locate with the Idaho Commission for the Blind and Visually Impaired. This move will result in not only savings for operational expenses, but provides a wonderful opportunity for both Commissions to collaborate in serving vulnerable populations.

Adult Protection Program. In May of 2010, ICOA held a public hearing to gather input from community partners regarding effectiveness of current practices and procedures in Adult Protection Services (APS), and to better define the extent to which self neglect cases dominate APS services and funding. ICOA is analyzing the APS program and studying alternative options for operational structures to determine, weigh or evaluate efficiencies and effectiveness.

Aging Disability Resource Connections. The ICOA was awarded the Aging and Disability Grant in October of 2009 to streamline and implement Aging Disability and Resource Connections statewide. The ADRC will provide access for consumers to make informed decisions about planning for their long term care services and supports options. Access will be available to consumers of all ages and disabilities. Services provided by ADRC will include: options counseling about a range of alternative long term care services (public and private), benefits counseling for eligibility requirements and streamlined access for assistance in applying for public services.

The ADRC grant has established a Long Term Care Policy Advancement Steering Committee that meets quarterly to develop an ADRC five year plan by March of 2011. This Committee has membership of over 40 public and private representatives developing partnerships and sharing long term care service and support information. First Lady Lori Otter is one of the members that have graciously accepted ICOA's invitation to serve on this committee.

The ADRC project coordinates its grant efforts with the Idaho Department of Health and Welfare in the Living Well Program (Living Well) in Idaho and with Idaho State University Hospital Discharge Grant. The Living Well Program enlists older community members with chronic illness to teach their peers how to control their symptoms

through relaxation techniques, diet, exercise and better communication with health providers. The instructors use the Stanford University-developed Chronic Disease Self-Management Program (CDSMP), a curriculum that research has shown produces positive results. The ICOA provides staffing to a project advisory group which is responsible for guiding project partners; including three health districts and nine senior centers, in the process of implementing the CDSMP, while achieving quality, fidelity and sustainability over time. The Hospital Discharge Grant will work with small rural hospitals to gather discharge information and develop a discharge planning process that will be incorporated into the ADRC operational functions in order to provide hospital discharge planning information to consumers.

ICOA Administrator presents at Home and Community Based Services Conference. Kim Toryanski, Administrator for the Idaho Commission on Aging was asked to present at the National Home and Community Based Services conference held in Denver, Colorado this year. The Administrator presented on innovative techniques Idaho has implementing to overcome the State's budgetary challenges. ICOA has been able to implement state budgetary holdbacks with minimal negative impact to core direct services for seniors.

Senior Services. With Federal ARRA funding, ICOA was able to supplement our nutrition program funding. This funding to our Area Agencies on Aging supported expansion of congregate and home delivered meals for a four month period.

Senior Community Services Employment Program (SCSEP). ICOA continues its successful relationship with the Idaho Department of Labor to support and manage the SCSEP program in Idaho. ICOA partners with the Idaho Department of Labor to empower unemployed Idahoans, 55 years of age and older, who have limited resources. The Program provides employment planning, skill training, and community work experience and job placement assistance to support successful long term employment. ICOA was able access American Reinvestment and Recovery Act (ARRA) resources to supplement funding for Idaho's Senior Employment Program.

Part II – Performance Measures

Performance Measure	2008	2009	2010	Benchmark
1. Consumer survey responses indicate that programs are relevant and helpful in addressing their needs.	94%	100%	90%	90%
2. ICOA staff and AAAs have formed and enhanced relationships with local entities that extend or enhance services to seniors and people with disabilities by implementing ADRC principles.	100%	100%	100%	100%
3. Participants say ICOA presentations increased their knowledge about our programs.	100%	98.5%	98%	90%
4. Senior Employment Program attains placement of low-income and at-risk persons in unsubsidized employment. Federal Title V benchmark	26.3% *25%	35.6% *36.6%	33.3% *29.4%	*Varies by year based on Federal guidelines
5. Programs reviewed are found to be in compliance with applicable laws, rules, regulations, and operations manuals.	91.9%	95.7%	91%	90%

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