



Idaho State Independent Living Council

Strategic Plan 2019-2022

Submitted to the Idaho Division of Financial Management June 26, 2018

A handwritten signature in blue ink, appearing to read 'Mel Leviton', is positioned above the name of the Executive Director.

Mel Leviton, Executive Director

(Based in part on the 2017-19 State Plan for Independent Living, approved by the Administration on Community Living, September 1, 2016)

Part 1: SILC Mission, Vision, and Organizational Information

Mission

The Idaho SILC's mission is to promote the independent living philosophy for all Idahoans with disabilities: choice, self-determination and access for all.

In developing the above statement, Council members committed to the following responsibilities as directed in Title VII, The Rehabilitation Act of 1973 as amended in 1998:

- Develop, sign and submit the State Plan for Independent Living (SPIL) for people with disabilities. The SILC will monitor, review and evaluate the implementation of the SPIL.
- Support the Centers for Independent Living (CILs) and advocate for independent living (IL) services provided through state and federal programs for individuals with disabilities.
- Gather and disseminate information, conduct studies and analyses, develop model policies, conduct training on IL philosophy, outreach to unserved and underserved populations and work to expand and improve IL services.
- Develop a plan for the provision of resources to the SILC.
- Develop and pursue a public policy agenda that results in positive systemic change for people with disabilities.

Vision

The Idaho State Independent Living Council (SILC) promotes a philosophy of independent living, including the following:

- consumer control
- peer-support
- self-help
- self-determination
- equal access
- individual and systemic advocacy, maximizing opportunities for full inclusion of individuals with disabilities within the broader community

Organizational Information

The Idaho SILC is actively engaged in activities that help provide Idahoans with disabilities a greater voice in obtaining services that are consumer responsive, cost effective and community based. We are solutions oriented and work with many public agencies, private non-profit and for profit organizations to improve the quality of life and independence for Idahoan's with disabilities.

Federal mandates (29 U.S.C. section 796d(c) and 34 CFR 364.21) require the SILC to:

- 1) Develop, sign and submit the SPIL for people with disabilities in coordination with a minimum of 51% of the Center for Independent Living directors and the Administrator of the Designated State Entity (DSE), in our case, the Idaho Division of Vocational Rehabilitation. The SILC must monitor, review, and evaluate the implementation of the SPIL.
- 2) Support the Centers for Independent Living (CILs) and advocate for independent living (IL) services provided through state and federal programs for people with disabilities.
- 3) Gather and disseminate information, conduct studies and analyses, develop model policies, conduct training on IL philosophy, and work to expand and improve IL services.

Additionally, Chapter 12, Title 56, Idaho Code, requires the SILC to

- 1) assess the need for services for Idahoans with disabilities and advocate with decision makers.
- 2) Supervise and evaluate such staff as may be necessary to carry out the functions of the council.
- 3) Ensure that all regularly scheduled meetings of the council are open to the public and that sufficient advance notice of meetings is provided pursuant to the open meeting law.
- 4) Prepare reports and make recommendations, as necessary.
- 5) Perform other activities the Council deems necessary to increase the ability of Idahoans with disabilities to live independently.
- 6) Promulgate rules, as may be necessary in compliance with Chapter 52, Title 67, Idaho Code.

The SILC is funded through a combination of federal and state funds. It operates projects and conducts activities within the context of both the state and federal fiscal years (FFY October 1 – September 30). As a result, some data provided within this plan result from the Federal Fiscal Year (FFY). Where possible State Fiscal Year (SFY) data is used and clearly labeled.

The Idaho State Strategic Plan mirrors the Idaho State Plan for Independent Living (SPIL) which is required by federal mandate and reported to the Administration on Community Living. The SPIL is a three-year plan in place for federal fiscal years 2017-2019 (FFY October 1, 2017 – September 30, 2019). The current SPIL is based on a statewide assessment conducted in October and November of 2015. A new statewide assessment will take place September - October 2018 in preparation for the 2020-22 SPIL.

Appointment and Composition of the Council and SILC staff

The council is made up of volunteers of whom no fewer than 51% are people with disabilities from across the state. Council members are nominated by Center for Independent Living (CIL) directors, Council members or other disability service/advocacy organizations. When a vacancy occurs, nomination applications are reviewed by the Membership Committee; sent on to the full Council for review; and recommendations are then forwarded to the Governor who appoints all members.

Council members hire and direct the SILC Executive Director, who in turn, manages the day-to-day operation of the SILC. SILC staff is comprised of four full-time employees.

The SILC has one office that is located in Boise. On-going council activities are directed by the State Plan for Independent Living (SPIL). This plan is developed every three years and sets the goals and objectives of the organization.

Part II: Goals, Objectives, Activities, Performance Measures & Benchmarks 2019-2023

Goal 1: Assess the need for services for Idahoans with disabilities and advocate with decision makers.

Objective 1: Develop, conduct and review statewide needs assessment public meetings at least every three years - used in conjunction with electronic surveys to develop the State Plan for Independent Living (SPIL)

FFY 2014	FFY 2015	FFY 2016	FFY 2017	Benchmark
4	10	4	4	10 statewide public meetings every third year and 4 quarterly reviews for potential updates

Benchmark: Met

Objective 2: Review SPIL for effectiveness and emerging issues at quarterly in SILC public meetings.

FFY 2014	FFY 2015	FFY 2016	FFY 2017	Benchmark
4	4	4	4	4 quarterly progress reviews

Benchmark: Met

Note: Goal 1 is a combined process of information gathering methods for the statewide needs assessment, used in the development of the Idaho State Plan for Independent Living (SPIL) as well as the SILC’s annual strategic plan. The assessment (conducted every three-years and reviewed quarterly) is required by Federal and State mandates. The FFY2017-19 Idaho SPIL was submitted June 24, 2016; approved September 1, 2016, implemented October 1, 2016. Final technical amendments sent to ACL June 6, 2017 at ACL request. The SILC is in the process of beginning the next round of statewide assessments in early fall SFY19. SPIL development, from planning to submission takes approximately 18-22 months.

Goal 2: Support the Centers for Independent Living and advocate for Independent Living services provided through state and federal programs.

Objective 2.1: Contract with Medicaid and the CILs for the provision of Quality of Life Surveys aiding transition from institutions to community.

FFY 2014	FFY 2015	FFY 2016	FFY 2017	Benchmark
95	82	97	3	Project transitioned to Medicaid fee for service upon completion of successful pilot 09/30/16. No longer active.

Benchmark: => prior year, established by MFP/Medicaid program

Objective 2.2: Coordinate with the CILs to establish and support local and statewide youth and young adult Independent Living programs and activities.

SFY 2014	SFY 2015	SFY 2016	SFY 2017	Benchmark
NA	NA	NA	7	7 statewide youth activities

Benchmark: => prior year, met

Note: Goal 2

Objective 2.1 The SILC administered the contract from which funds pass through from the Medicaid – Money Follows the Person program to the Centers for Independent Living for the completion of Quality of Life Surveys. Participants are surveyed prior to community transition, 11 months after the first survey and again 24 months from the date of the first survey. The numbers provided in the performance measure indicate people who successfully transitioned from institutions to the community during the SFY. Quality of Life Surveys completed through the CILs were completed by September 30, 2016 with 3 transitions back to the community. The contract ended 09/30/2016. The program was successful, transitioning to a sustainable Medicaid fee for service activity in January 2017.

Objective 2.1 was replaced by objective 2.2 early in SFY 2017.

Objective 2.2:

Statewide activities include: Recruit, retain and mentor 1-2 young adults as Gubernatorial appointed SILC members, recruit and support Youth Advisory Council (YAC) members (up to 12), coordinate and support YAC monthly calls, coordinate statewide community service learning projects in the form of contests with prizes, the provision of youth IL workshops at a statewide youth conference, training and supporting youth to attend a National youth conference and the development of a

statewide Youth Leadership Forum which emphasizes civic responsibility, education/training and employment.

Goal 3: Conduct training to people with disabilities and stakeholders on Independent Living (IL) philosophy and work to expand and improve IL services.

Objective 3.1: Provide training on employment, financial literacy*, emergency preparedness*, healthcare, housing and transportation options; and community safety, participation and integration, including relevant laws, policies and rules that affect people with disabilities.

SFY14	SFY 2015	SFY 2016	SFY 2017	Benchmark
11	10	11	21	FY 2014: 15 FY 2015 -16: 10 FY 2017: 15

Benchmark: met, 2015-17, => prior year

Goal 4: Collaborate with disability service agencies/organizations and other stakeholders; advocating for expanded and improved Independent Living opportunities and services for Idahoans with disabilities across.

Objective 4.1: SILC staff participate in existing, or initiate new, workgroups, committees and councils/boards to provide reports, data and policy guidance toward improving employment, education, training, housing, health care coverage and community access and safety opportunities.

SFY 2014	SFY 2015	SFY 2016	SFY 2017	Benchmark
7	2	8	13	FY 2014: 10 FY 2015: 10 FY 2016: 08 FY 2017: 08

Benchmark: => prior year, met or exceeded since FY16

Objective 4.2: Provide written testimony and/or policy review to successfully aid in the implementation of policies/laws that positively impact Idahoans with disabilities at the local, state and national level.

SFY 2014	SFY 2015	SFY 2016	SFY 2017	Benchmark
2	0	4	9	FY 2014: 02 FY 2015: 06 FY 2016: 06 FY 2017: 06

Benchmark: => prior year, met or exceeded since FY17

FFY 2017-19 Idaho State Plan for Independent Living (SPIL)

SPIL Goals drive, but do not dictate state strategic plan. Rather the state strategic plan focuses on activities that are mandated and relatively predictable from year to year. The goals identified in the SILC state strategic plan mirror the duties of the SILC and the goals, activities and projects contained in the 2017-19 ACL approved SPIL as outlined below:

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|--------------------------|---|
| Goal Description: | Assess the need for services for Idahoans with disabilities and advocate with decision makers |
| Goal 1: | Community Access |
| Goal Description: | People with disabilities (PWDs) will have access to community based resources that they need. |
| Goal 2: | Civic Action |
| Goal Description: | People with disabilities will advocate with and become policy makers. |
| Goal 3: | Increase Independent Living knowledge and opportunities to young adults |
| Goal Description: | Increase opportunities for young adults (14-26) with disabilities to be active and independent leaders in their communities. |
| Goal 4: | Partnering for effective services, outreach and education |
| Goal Description: | The SILC and CIL Network will Partner with relevant stakeholders to educate people with disabilities and the community at large for the purpose of inviting participation, increasing community knowledge and involvement about independent living. |
| Goal 5: | Statewide assessment and planning |
| Goal Description: | The SILC and CIL Network partner to conduct statewide assessment(s) (FFY2018) and develop (FFY2019) the FFY2020-23 SPIL. |

The goals, objectives and activities, including benchmarks, of the SPIL are reviewed quarterly for progress and reported annually through Performance Progress Reports (PPRs) filed with the U.S. Department of Health and Human Services, Administration for Community Living. PPRs are reviewed and approved annually by ACL.

Part III: Evaluation of the Effectiveness of the State Plan

The independent living objectives are guided by a philosophy that values all people equally; emphasizing the dignity and self-determination of people with disabilities. It supports the right and opportunity of individuals to pursue a life of their choosing in their community.

Each Center for Independent Living (CIL) has in place requirements regarding standards and methodology of evaluation. The SILC monitors the service delivery provided through the CILs regarding meeting current standards and objectives by reviewing the annual PPRs provided by each CIL. The Administration on Community Living will be responsible for CIL Compliance with the standards and assurances outlined in the Act and any on-site visits.

The SILC will request from the CILs consumer satisfaction data obtained by surveys required by the Act. The SILC will monitor this data biannually to determine gaps or needs in services identified by the consumer. This SILC will use this information to guide its own policies and program decisions.

The goals, objectives and activities outlined by the State Strategic Plan are reviewed at least monthly by the SILC Executive Director and by the Council on a quarterly basis. The SILC will review the present goals, objectives, and activities to determine their relevancy to the current independent living needs of the state. The SILC in this self-evaluation process; will review the plan, noting the following information:

- a. The activities conducted during the year that have a relationship to the stated goals and objectives, and
- b. The results of the activities conducted.

During this evaluation the SILC will determine the need to:

- a. Continue with existing goals, objectives and activities,
- b. Modify existing goals and objectives, and activities, or
- c. Terminate existing goals,
- d. Add new goals and objectives.

It is important to note that the SPIL goals will likely change upon completion and review of the FFY 2018 Statewide Assessment, and FFY 2019 SPIL development and submission process. The State Strategic Plan for 2020-2024 will continue to mirror the 2020-2023 State Plan for Independent Living developed, written and implemented in accordance with State and Federal regulations. Our core duties within federal regulations and state law will remain the same.

Part IV: External Factors

- Legislation may impact State and Federal projects, activities and duties of the Idaho State Independent Living Council.

For example: The Workforce Innovation and Opportunities Act of 2014 (WIOA), signed into law by President Obama on July 22, 2014, transfers the Independent Living Services and Centers for Independent Living programs funded under title VII, Chapter 1 of the Rehabilitation Act of 1973, as amended by WIOA (P.L. 113-128) (Rehabilitation Act) from the Rehabilitation Services Administration (RSA), U.S. Department of Education, to the Administration for Community Living (ACL), U.S. Department of Health and Human Services.

The transfer of the Independent Living (IL) programs aligns with the mission of ACL to maximize the independence, well-being and health of individuals with disabilities across the lifespan, and their families and caregivers. The transfer to a different federal agency has been an ongoing adjustment for SILCs across the country as well as ACL staff that also transferred from RSA.

- Additions or reductions in state and federal appropriations or program mandates are unpredictable and directly impact the activities and expenditure plans of the SILC.
- Nearly 13% of the U.S. population has a disability. Given Idaho's recent growth, it is reasonable to anticipate increased demand for independent living education and services which enhance community living.
- SPIL goals may shift based on statewide needs assessments. Our specified duties remain fairly constant within state and federal mandates. However, the means to achieve the goals of any given SPIL shift with statewide needs assessments, and state and federal appropriations.

Part V: Cybersecurity Update

SILC is a technology customer of the Office of the Chief Information Officer (OCIO) in the Department of Administration. We use the cybersecurity systems and technical expertise in OCIO to fulfill requirements related to Executive Order 2017-02.

Staff from OCIO distributed the NIST Core Framework, CIS Controls 1-5, and their plan for adoption of the NIST Cybersecurity Framework. Implementation of the CIS Controls 1-5 will be the responsibility of OCIO for the systems they operate. OCIO will apply technological tools to the computer systems that are largely invisible to us as a customer.

SILC's key actions implementing CIS Controls 1-5, before June 30, 2018, include the following and have been communicated to OCIO:

1. Inventory of Authorized and Unauthorized Devices. SILC currently has this inventory in place using the State of Idaho inventory system. SILC does not have any unauthorized devices.
2. Inventory of Authorized and Unauthorized Software. SILC does not have any unauthorized software. Software is installed and administered by the State of Idaho Department of Administration. SILC users are not authorized to download software.
3. Secure Configurations for Hardware and Software. The State of Idaho Department of Administration maintains SILC's secure hardware and software.
4. Continuous Vulnerability Assessment and Remediation. The State of Idaho Department of Administration administers vulnerability assessments and remediation for SILC.
5. Controlled Use of Administrative Privileges. The State of Idaho Department of Administration personnel are the only persons with administrative privileges for SILC.

Identifying SILC's critical data in our systems allows OCIO to address the other NIST Core Framework functions: Protect, Detect, Respond, and Recover.

In addition, SILC has completed the following cybersecurity activities:

- SILC's website adheres to the State of Idaho Cybersecurity Plan.
- SILC's staff has completed the State of Idaho DHR cybersecurity training and will complete the training annually as awareness is a critical component of an effective cybersecurity program.